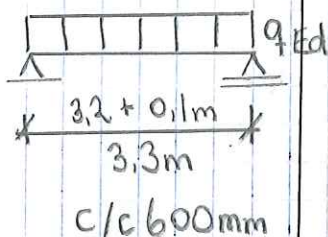


Sak: ØV. 1. DIM FOR MOMENT



Kar. laster

$$g_k = 0.5 \text{ kN/m}^2$$

Bygn. kat A

$$n_k = 2.0 \text{ kN/m}^2$$

Dim. laster

6.10a

$$q_{Ed} = (1.35 \cdot 0.5 + 1.05 \cdot 2.0) \cdot 0.6 = 1.7 \frac{\text{kN}}{\text{m}}$$

6.10b

$$q_{Ed} = (1.2 \cdot 0.5 + 1.5 \cdot 2.0) \cdot 0.6 = 2.2 \frac{\text{kN}}{\text{m}}$$

$$\text{Bruker } q_{Ed} = 2.2 \text{ kN/m}$$

Dim. lasterkringer

$$M_{Ed} = \frac{q_{Ed} \cdot l^2}{8} = \frac{2.2 \frac{\text{kN}}{\text{m}} \cdot 3.3\text{m}^2}{8} = 3.0 \text{ kNm}$$

Kar. fasthet

$$C24 \rightarrow f_{m,k} = 24 \frac{\text{N}}{\text{mm}^2}$$

Dim. fasthet

Lastvarighet : Halvårslast

Klimaklasse : 1

$$K_{mod} = 0.8$$

$$k_h = 1.0 \quad h > 148 \text{ mm}$$

$$k_{sys} = 1.1 \quad l < 6\text{m} + \text{underguler}$$

$$\gamma_M = 1.25$$

$$f_{m,d} = \frac{24 \cdot 0.8 \cdot 1.1 \cdot 1.0}{1.25} = 16.9 \frac{\text{N}}{\text{mm}^2}$$

Ref.

NBI 471.031

NS-EN1991 NA.6.1

— " — NA.6.2

NS-EN 1990

— " —

NBI 421.051

NS 338

NS-EN1995 NA2.2

— " — NA.901

— " — 3.1

— " — 3.2

— " — 6.6

— " — NA2.3

Ref.

Dim. for moment

Antar $b = 48 \text{ mm}$

$$h_{n\phi dv.} = \sqrt{\frac{b \cdot M_{Ed}}{b \cdot f_{m,d}}}$$

$$= \sqrt{\frac{b \cdot 3,0 \cdot 10^6 \text{ Nmm}}{48 \text{ mm} \cdot 16,9 \text{ N/mm}^2}} = \underline{\underline{149 \text{ mm}}}$$

Braker $48 \times 173 \text{ mm}$

Sak:

ØV 1 DIM. FOR SKJÆR

Dim. laster

Se Øvingsoppgave 1a

$$q_{Ed} = 2,2 \text{ kN/m}$$

Ref.

NS-EN 1990

Dim. lastvirkinger

$$V_{Ed} = \frac{q_{Ed} \cdot l}{2} = \frac{2,2 \frac{\text{kN}}{\text{m}} \cdot 3,3 \text{ m}}{2} = 3,6 \text{ kN}$$

NBI 421.051 p. 21

Kar. fasthet

$$C24 \rightarrow f_{v,k} = 4,0 \frac{\text{N}}{\text{mm}^2}$$

NS 338

Dim. fasthet

$$f_{v,d} = \frac{4,0 \frac{\text{N}}{\text{mm}^2} \cdot 0,8 \cdot 11 \cdot 1,0}{1,25} = 2,8 \frac{\text{N}}{\text{mm}^2}$$

Dim. for skjær

48x173 fra
mom. beregn.

$$f_{v,d} \geq T_d = \frac{3 \cdot V_{Ed}}{2bh} = \frac{3 \cdot 3,6 \cdot 10^3 \text{ N}}{2 \cdot 48 \text{ mm} \cdot 173 \text{ mm}}$$

$$f_{v,d} = 2,8 \frac{\text{N}}{\text{mm}^2} > T_d = 0,7 \frac{\text{N}}{\text{mm}^2}$$

Bjelken er OK mhp. skjær



Sak: ØV. 1 NEDBØYNING

HEDMARK
fylkeskommuneOPPLAND
fylkeskommune

Ref.

Kar. laster

Se øvingsoppgave 1a

$$g_k = 0,5 \text{ kN/m}^2 \quad n_k = 2,0 \text{ kN/m}^2$$

Dim. laster

$$g_{Ed} = 1,0 \cdot 0,5 \text{ kN/m}^2 \cdot 0,6 \text{ m} = 0,3 \frac{\text{kN}}{\text{m}}$$

$$n_{Ed} = 1,0 \cdot 2,0 \text{ kN/m}^2 \cdot 0,6 \text{ m} = 1,2 \frac{\text{kN}}{\text{m}}$$

NS-EN1990 NA.A1.4.1

Dim. for nedbøyning

Klimaklasse 1

$$k_{def} = 0,6$$

$$\psi_{2,1} = 0,3 \quad (\text{bolig})$$

1995 NA.901

1995 3.2

1990 NA.A1.1

$$E_{0,mean} = 11000 \text{ N/mm}^2$$

NS 338

$$I_y = \frac{bh^3}{12} = \frac{48 \cdot 173^3}{12} = 2,1 \cdot 10^7 \text{ mm}^4$$

Tekn. tabell

48 x 173 fra
mom/ølgar beregnNedbøyning p.g.a egenlast

Spontan

$$u_{instG} = \frac{5}{384} \cdot \frac{g_{Ed} \cdot l^4}{EI}$$

NBI 421.051 p.21

$$= \frac{5}{384} \cdot \frac{0,3 \cdot (3300)^4}{11000 \cdot 2,1 \cdot 10^7} = 2,0 \text{ mm}$$

Endelig

$$u_{finG} = u_{instG} \cdot (1 + k_{def})$$

1995 p.2.2.3

$$= 2,0 \text{ mm} \cdot (1 + 0,6) = 3,2 \text{ mm}$$



Sak:

ØV. 1 NEDBØYNING

HEDMARK
FYLKESKOMMUNEOPPLAND
FYLKESKOMMUNE

Spontan

Endelig

Nedbøyning pga. nyttelast

$$u_{instQ1} = \frac{5}{384} \cdot \frac{q_{Ed} \cdot l^4}{EI}$$

$$= \frac{5}{384} \cdot \frac{1,2 \cdot 3300^4}{11000 \cdot 2,1 \cdot 10^7} = 8,0 \text{ mm}$$

NB1 421.051 p. 1

$$u_{finQ1} = u_{instQ1} \cdot (1 + \psi \cdot k_{def})$$

$$= 8,0 \text{ mm} (1 + 0,3 \cdot 0,6) = 9,4 \text{ mm}$$

1995 p. 2.2.3

Total nedbøyning

$$u_{fin} = 3,2 \text{ mm} + 9,4 \text{ mm} = 12,6 \text{ mm}$$

Tillatt nedbøyning

$$y_{tillatt} = \frac{l}{300} = \frac{3300}{300} = 11,0 \text{ mm}$$

Prøver 48x198

$$u_{fin} = \frac{12,6 \text{ mm} \cdot 173^3}{198^3} = \underline{\underline{8,4 \text{ mm}}}$$

$$u_{fin} = 8,4 \text{ mm} \leq y_{tillatt} = 11,0 \text{ mm}$$

Braker 48x198 C24

Ref.

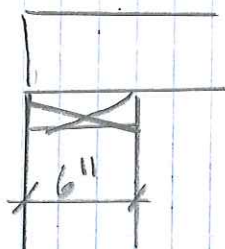


Sak:

Øv. 1 Oppleggsflate

HEDMARK
fylkeskommuneOPPLAND
fylkeskommune

Ref.

Bjelke
48x198Dim. last

$$V_{Ed} = 3.6 \text{ kN}$$

Dim. fasthet

$$C24 \rightarrow f_{c,90,k} = 2.5 \text{ N/mm}^2$$

$$f_{c,90,k} = \frac{2.5 \text{ N/mm}^2 \cdot 0.8 \cdot 1.1 \cdot 1.0}{1.25} = 1.8 \frac{\text{N}}{\text{mm}^2}$$

Nødv. oppleggsflate

$$\sigma_{c,90,d} \leq k_{c,90} \cdot f_{c,90,k}$$

$$k_{c,90} = 1.5$$

$$\sigma_{c,90,d} \leq 1.5 \cdot 1.8 \frac{\text{N}}{\text{mm}^2} = 2.7 \frac{\text{N}}{\text{mm}^2}$$

$$\sigma_{c,90,d} = \frac{V_{Ed}}{A_{eff}} \leq 2.7 \frac{\text{N}}{\text{mm}^2}$$

$$A_{eff} = \frac{3600 \text{ N}}{2.7 \frac{\text{N}}{\text{mm}^2}} = 1333 \text{ mm}^2$$

Nødv. oppleggs lengde

$$l_{eff} = \frac{1333 \text{ mm}^2}{48 \text{ mm}} = \underline{\underline{28 \text{ mm}}}$$

6" tilgjengelig > Ok

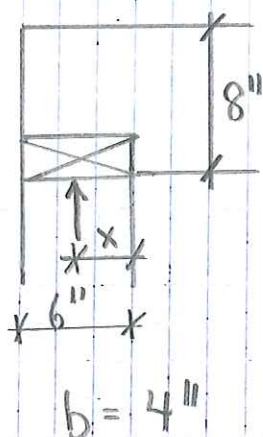
Øv. 1b.

NS 338

1995 pkt. 6.1.5

Sak:

ØV 1. INNSNITT



Dim. last

$$V_{Ed} = 3.6 \text{ kN}$$

Dim. fasthet

$$f_{v,d} = 2.8 \text{ N/mm}^2$$

Kontroll innsnitt

$$k_n = 5.0 \text{ (konstr. virke)}$$

$$\alpha = \frac{h_{eff}}{h} = \frac{148}{198} = 0.75$$

$$x = \frac{148 \text{ mm}}{2} = 74 \text{ mm}$$

$$k_v = \frac{k_n}{\sqrt{h} \cdot \left(\sqrt{\alpha(1-\alpha)} + \frac{0.8 \cdot x}{h} \sqrt{\alpha^{-1} - \alpha^2} \right)}$$

$$= \frac{5}{\sqrt{198} \cdot \left(\sqrt{0.75 \cdot (1-0.75)} + \frac{0.8 \cdot 74}{198} \sqrt{0.75^{-1} - 0.75^2} \right)}$$

$$= 0.51$$

$$T_d = \frac{1.5 \cdot 3600 \text{ N}}{48 \text{ mm} \cdot 148 \text{ mm}} = 0.8 \text{ N/mm}^2$$

$$k_v \cdot f_{v,d} = 0.51 \cdot 2.8 \text{ N/mm}^2 = 1.4 \text{ N/mm}^2$$

$$k_v \cdot f_{v,d} > T_d \quad \text{OK}$$

Ref.

Øv 1b

Øv 1b

1995 pkt. 6.5.2

"

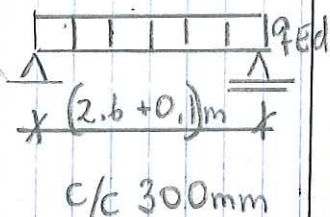
"

1995 pkt 6.5.2



Sak:

ØV. 2 DIM FOR MOMENT

Kar. laster

$$g_k = 0.5 \text{ kN/m}^2$$

Bruks. kat B

$$n_k = 3.0 \text{ kN/m}^2$$

Dim. laster

$$6.10a \quad q_{Ed} = (1.35 \cdot 0.5 \frac{\text{kN}}{\text{m}^2} + 1.05 \cdot 3 \frac{\text{kN}}{\text{m}^2}) \cdot 0.3 \text{ m} = 1.1 \frac{\text{kN}}{\text{m}} \quad 1990$$

$$6.10b \quad q_{Ed} = (1.2 \cdot 0.5 \frac{\text{kN}}{\text{m}^2} + 1.5 \cdot 3 \frac{\text{kN}}{\text{m}^2}) \cdot 0.3 \text{ m} = 1.5 \frac{\text{kN}}{\text{m}} \quad 1990$$

Dim. lastvirkninger

$$M_{Ed} = \frac{q_{Ed} \cdot l^2}{8} = \frac{1.5 \frac{\text{kN}}{\text{m}} \cdot 2.7 \text{ m}^2}{8} = 1.4 \text{ kNm} \quad \text{NB1 421.051}$$

Kar. fasthet

$$C18 \rightarrow f_{m,k} = 18 \text{ N/mm}^2$$

NS 338

Dim fasthet

Lastvarighet : Halvårslast

1995 NA2.2

Klimaklasse : 1

— " — NA.901

$$k_{mod} = 0.8$$

— " — 3.1

$$k_h = 1.0$$

$$h \geq 148 \text{ mm}$$

— " — 3.2

$$k_{sys} = 1.1$$

$$l < 6 \text{ m, undergulv}$$

— " — 6.6

$$\gamma_M = 1.25$$

— " — NA2.3

$$f_{md} = \frac{18 \frac{\text{N}}{\text{mm}^2} \cdot 0.8 \cdot 1.1 \cdot 1.0}{1.25} = 12.7 \frac{\text{N}}{\text{mm}^2}$$

Antar
 $b = 36 \text{ mm}$

Dim. for moment

$$h_{\text{ nødv.}} = \sqrt{\frac{6 M E d}{b \cdot f_{m,d}}}$$

$$= \sqrt{\frac{1,4 \cdot 10^6 \text{ Nmm}}{36 \text{ mm} \cdot 12,7 \frac{\text{N}}{\text{mm}^2}}} = 55 \text{ mm}$$

Velger $36 \times 73 \text{ mm}$ C18

Her kunne k_h økt noe da
 $h < 148 \text{ mm}$. Dropper dette da
 $k_h = 1,0$ er mer på den sikre siden

Ref.



Sak:

ØV. 2. DIM FOR SKJÆR

Ref.

Dim. laster

Se øvingsoppgave 2a

$$q_{Ed} = 1.5 \text{ kN/m}$$

NS-EN 1990

Dim. lastvirkninger

$$V_{Ed} = \frac{q_{Ed} \cdot l}{2} = \frac{1.5 \frac{\text{kN}}{\text{m}} \cdot 2.7 \text{ m}}{2} = 2.0 \text{ kN}$$

NB! 421.051 p.21

Kar. fasthet

$$C18 \rightarrow f_{v,k} = 3.4 \frac{\text{N}}{\text{mm}^2}$$

NS 338

Dim. fasthet

$$f_{v,d} = \frac{3.4 \frac{\text{N}}{\text{mm}^2} \cdot 0.8 \cdot 1.1 \cdot 1.0}{1.25} = 2.4 \frac{\text{N}}{\text{mm}^2}$$

Dim. for skjær

$$f_{v,d} \geq T_d = \frac{3 \cdot V_{Ed}}{2bh} = \frac{3 \cdot 2.0 \cdot 10^3 \text{ N}}{2 \cdot 36 \text{ mm} \cdot 43 \text{ mm}}$$

$$f_{v,d} = 2.4 \frac{\text{N}}{\text{mm}^2} > T_d = 1.2 \frac{\text{N}}{\text{mm}^2}$$

Bjelken er OK. mhp. skjær

36x48 fra
mom. beregn.



Sak:

ØV. 2 NEDBØYNING

HEDMARK
fylkeskommuneOPPLAND
fylkeskommune

Ref.

Kar. laster

Se ØvingSoppgave 2a

$$g_k = 0,5 \text{ kN/m}^2 \quad n_k = 2,0 \text{ kN/m}^2$$

Dim. laster

$$g_{ed} = 1,0 \cdot 0,5 \frac{\text{kN}}{\text{m}^2} \cdot 0,3 \text{ m} = 0,2 \frac{\text{kN}}{\text{m}}$$

$$n_{ed} = 1,0 \cdot 3,0 \frac{\text{kN}}{\text{m}^2} \cdot 0,3 \text{ m} = 0,9 \frac{\text{kN}}{\text{m}}$$

Dim. for nedbøyning

Klimaklasse 1

1995 NA.901

$$k_{def} = 0,6$$

1995 3.2

$$\psi = 0,3 \text{ (kontor)}$$

1990 NA.A1.1

$$E_{o,mean} = 9000 \text{ N/mm}^2$$

36 x 98 fra
mom. / Skjar

$$I_y = \frac{bh^3}{12} = \frac{36 \cdot 98^3}{12} = 2,8 \cdot 10^6 \text{ mm}^4$$

Tekn. tabell

Nedbøyning pga egenlast

Spontan

$$w_{instG} = \frac{5}{384} \cdot \frac{g_{ed} \cdot l^4}{EI}$$

NBI 421.051 p.21

$$= \frac{5}{384} \cdot \frac{0,2 \cdot (2700)^4}{9000 \cdot 2,8 \cdot 10^6} = 5,5 \text{ mm}$$

Endelig

$$w_{fin} = w_{inst} \cdot (1 + k_{def}) =$$

$$= 5,5 \text{ mm} \cdot (1 + 0,6) = 8,8 \text{ mm}$$

1995 p. 2.2.3

Spontan

$$u_{instQ1} = \frac{5}{384} \cdot \frac{q_{ed} \cdot l^4}{EI}$$

$$= \frac{5}{384} \cdot \frac{0,9 \cdot (2700)^4}{9000 \cdot 2,8 \cdot 10^6} = 24,7 \text{ mm}$$

NBI 421.051 p. 21

Endelig

$$u_{finQ1} = u_{instQ1} \cdot (1 + \psi \cdot k_{def})$$

$$= 24,7 \text{ mm} \cdot (1 + 0,3 \cdot 0,6) = 29,1 \text{ mm}$$

1995 p. 2.2.3

Total nedbøyning

$$u_{fin} = 5,5 \text{ mm} + 29,1 \text{ mm} = 34,6 \text{ mm}$$

Tillatt nedbøyning

$$y_{till} = \frac{l}{300} = \frac{2700}{300} = 9 \text{ mm}$$

Bjelken holder ikke

Prøver 36 x 148

$$u_{fin} = \frac{34,6 \text{ mm} \cdot 98^3}{148^3} = 10,0 \text{ mm}$$

Prøver 48 x 148

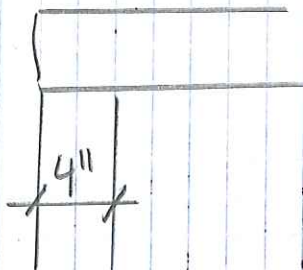
$$u_{fin} = \frac{10 \text{ mm} \cdot 36 \text{ mm}}{48 \text{ mm}} = 7,5 \text{ mm}$$

$$u_{fin} = 7,5 \text{ mm} < y_{till} = 9 \text{ mm}$$

Braker 48 x 148 C18



Sak: ØV. 2 Oppleggsflate

Dim. last

$$V_{Ed} = 21 \text{ kN}$$

Dim. fasthet

$$C18 \rightarrow f_{cd} = 22 \frac{\text{N}}{\text{mm}^2}$$

$$f_{cd} = \frac{22 \frac{\text{N}}{\text{mm}^2} \cdot 0.8 \cdot 1.1 \cdot 1.0}{1.25} = 15 \frac{\text{N}}{\text{mm}^2}$$

$$k_{cd} = 1.5$$

NS338

199.5 pkt. 6.1.5

Nødv. oppleggsflate

$$A_{eff} = \frac{V_{Ed}}{k_{cd} \cdot f_{cd}} = \frac{21000 \text{ N}}{1.5 \cdot 15 \text{ N/mm}^2}$$

$$A_{eff} = 933 \text{ mm}^2$$

Nødv. oppleggs lengde

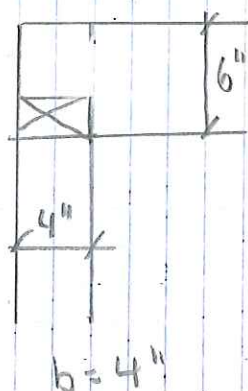
$$l_{eff} = \frac{1867 \text{ mm}^2}{48 \text{ mm}} = 19 \text{ mm}$$

4" tilgjengeligg 2 = OK

Bjelkebredde
 $b = 48 \text{ mm}$

Sak:

ØV. 2 INNSNITT



Dim. last

$$V_{Ed} = 2,1 \text{ kN}$$

Dim. fasthet

$$f_{v,d} = 2,4 \text{ N/mm}^2$$

Kontroll av innsnitt

$$k_n = 5,0 \text{ (konstr virke)}$$

$$\alpha = \frac{100}{148} = 0,68$$

$$x = \frac{98 \text{ mm}}{2} = 49 \text{ mm}$$

$$k_v = \frac{5}{\sqrt{148 \cdot \left(\sqrt{0,68 \cdot (1 - 0,68)} + 0,8 \cdot 49 \cdot \sqrt{0,68^2 - 0,68^2} \right)}} = 0,59$$

$$\tau_d = \frac{1,5 \cdot 2100 \text{ N}}{48 \text{ mm} \cdot 98 \text{ mm}} = 0,7 \text{ N/mm}^2$$

$$k_v \cdot f_{v,d} = 0,59 \cdot 2,4 \text{ N/mm}^2 = 1,4 \text{ N/mm}^2$$

$$k_v \cdot f_{v,d} > \tau_d \quad \therefore \text{OK}$$

Ref.

ØV 2b

ØV. 2b

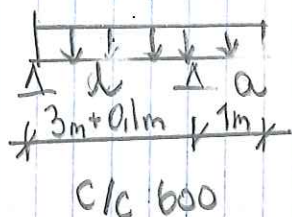
1995 pkt. 6.5.2

_____ n _____

_____ n _____

_____ 1/1 _____

Sak: ØV. 3 DIM FOR MOM



Kar. laster

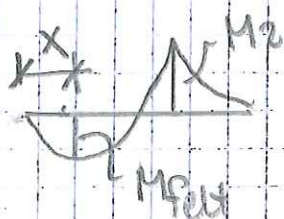
Se øvingsoppgave 1a)

Dim. laster

Se øvingsoppgave 1a)

$$q_{Ed} = 2.2 \text{ kN/m}$$

Dim. lastevirkninger



$$M_2 = \frac{q_{Ed} \cdot a^2}{2} = \frac{2.2 \frac{\text{kN}}{\text{m}} \cdot 1 \text{ m}^2}{2} = 1.1 \text{ kNm}$$

$$M_{\text{fett}} = \frac{q_{Ed}}{8L^2} \cdot (L+a)^2 \cdot (L-a)^2$$

$$= \frac{2.2 \frac{\text{kN}}{\text{m}}}{8(3.1 \text{ m})^2} \cdot (3.1 \text{ m} + 1 \text{ m})^2 \cdot (3.1 \text{ m} - 1 \text{ m})^2$$

$$= 3.0 \text{ kNm}$$

NS-EN 1990

NBI 421.05/ p.51

Bruker $M_{Ed} = 2.1 \text{ kNm}$

Dim. fasthet

Se øvingsoppgave 1

$$f_{m,d} = 16.9 \text{ N/mm}^2$$

Dim. for moment

Antar
 $b = 48 \text{ mm}$

$$h_{\text{nodv}} = \sqrt{\frac{6 \cdot 2.1 \cdot 10^6 \text{ Nmm}}{48 \text{ mm} \cdot 16.9 \text{ N/mm}^2}} = 127.6 \text{ mm}$$

Bruker $48 \times 148 \text{ mm C24}$



Sak: ØV. 3 DIM FOR SKJÆR

Ref.

Dim. laster

Se øvingsoppgave 3a,

$$q_{Ed} = 22 \text{ kN/m}$$

NS-EN 1990

Dim. lastvirkninger

$$V_2 = \frac{q}{2L} \cdot (L^2 + a^2) = \frac{22}{2 \cdot 3,1} \cdot (3,1^2 + 1^2) = 3,8 \text{ kN}$$

NB! 421.051 p. 51

$$V_3 = q \cdot a = 22 \text{ kN/m} \cdot 1 \text{ m} = 22 \text{ kN}$$

$$V_{Ed} = 3,8 \text{ kN}$$

Kar. fasthet

$$C24 \rightarrow f_{v,k} = 4,0 \frac{\text{N}}{\text{mm}^2}$$

NS 338

Dim. fasthet

$$f_{v,d} = \frac{4 \frac{\text{N}}{\text{mm}^2} \cdot 0,8 \cdot 1,1 \cdot 1,0}{1,25} = 2,8 \frac{\text{N}}{\text{mm}^2}$$

48x148 fra

Dim. for skjær

mom. beregn.

$$f_{v,d} \geq T_d = \frac{3 \cdot V_{Ed}}{2bh} = \frac{3 \cdot 3,8 \cdot 10^3 \text{ N}}{2 \cdot 48 \text{ mm} \cdot 148 \text{ mm}} = 0,8 \frac{\text{N}}{\text{mm}^2}$$

$$f_{v,d} = 2,8 \frac{\text{N}}{\text{mm}^2} > T_d = 0,8 \frac{\text{N}}{\text{mm}^2}$$

Bjelken er OK mhp. skjær



Sak:

ØV. 3 NEDBØYNING

HEDMARK
fylkeskommuneOPPLAND
fylkeskommuneKar. laster

Se Øvingsoppgave 3a

$$g_k = 0,5 \text{ kN/m}^2 \quad n_k = 2,0 \text{ kN/m}^2$$

Dim. laster

$$g_{Ed} = 1,0 \cdot 0,5 \frac{\text{kN}}{\text{m}^2} \cdot 0,6 \text{ m} = 0,3 \frac{\text{kN}}{\text{m}}$$

1990 NA.A1.4.1

$$n_{Ed} = 1,0 \cdot 2,0 \frac{\text{kN}}{\text{m}^2} \cdot 0,6 \text{ m} = 1,2 \frac{\text{kN}}{\text{m}}$$

— " — " —

Dim. for nedbøyning

Klimaklasse 1

1995 NA.901

$$k_{def} = 0,6$$

1995 3.2

$$\psi_{2,1} = 0,3 \quad (\text{bolig kat. A})$$

1990 NA.A1.1

$$E_{0,mean} = 11000 \text{ N/mm}^2$$

NS 338

$$I_y = \frac{bh^3}{12} = \frac{48 \cdot 173^3}{12} = 2,1 \cdot 10^7 \text{ mm}^4$$

Tekn. tabell

Max. nedb.

Nedbøyning p.g.a egenlast

1 feltet

$$x = \frac{l}{2} \cdot \left(1 - \frac{a^2}{l^2}\right) = \frac{3,1}{2} \cdot \left(1 - \frac{1^2}{3,1^2}\right) = 1,4 \text{ m} = 1400 \text{ mm}$$

Spontan

$$u_{inst.G} = \frac{g_{Ed} x}{24 E I_y l} \cdot (l^4 - 2 l x^2 + l x^3 - 2 a^2 l^2 + 2 a^2 x^2)$$

NB! 421.051 p. 51

$$= 0,8 \text{ mm}$$

Endelig

$$u_{fin.G} = u_{inst.G} \cdot (1 + k_{def})$$

1995 pkt. 2.2.3

$$= 0,8 \text{ mm} \cdot (1 + 0,3) = 1,0 \text{ mm}$$



Sak:

ØV. 3 NEDBØYNING

HEDMARK
FYLKESKOMMUNEOPPLAND
FYLKESKOMMUNE

Ende utkrager

$$y = a$$

$$w_{instG} = \frac{q_{Ed} \cdot a}{24EI} (4a^2l - l^3 + 6a^3 - 4a^3 + a^3) \quad \text{NBI 421.051 p. 51}$$

$$= 0.7 \text{ mm} \quad (\text{bøyer seg opp})$$

$$w_{finG} = -0.7 \text{ mm} \cdot (1 + 0.3) = -0.9 \text{ mm} \quad 1995 \text{ p. 2.2.3}$$

Felt
SpontanNedbøyning pga. nyttelast

$$w_{instQ1} = \frac{q_{Ed} \cdot x}{24EI \cdot l} (l^4 - 2lx^2 - lx^3 - 2a^2x^2 + 2a^2x^2)$$

$$= 5.1 \text{ mm} \quad \text{NBI 421.051 p. 51}$$

Endelig

$$w_{finQ1} = w_{instQ1} \cdot (1 + \psi \cdot k_{def}) \quad 1995 \text{ pkt. 2.2.3}$$

$$= 5.1 \text{ mm} \cdot (1 + 0.3 \cdot 0.6) = 6.0 \text{ mm}$$

Ende utkrager

$$y = a$$

Spontan

$$w_{inst} = \frac{q_{Ed} \cdot a}{24EI} (4a^2l - l^3 + 6a^3 - 4a^3 + a^3)$$

$$= -2.7 \text{ mm} \quad (\text{oppover}) \quad \text{NBI 421.051 p. 51}$$

Endelig

$$w_{finQ1} = w_{instQ1} \cdot (1 + \psi \cdot k_{def}) \quad 1995 \text{ pkt. 2.2.3}$$

$$= -2.7 \text{ mm} \cdot (1 + 0.3 \cdot 0.6) = -3.2 \text{ mm}$$

Ref.

Total nedbøyning

FELT

$$u_{fin} = 1,0 \text{ m} + 6,0 \text{ mm} = 7,0 \text{ mm}$$

$$y_{till.} = \frac{1}{300} = \frac{3100}{300} = 10,3 \text{ mm}$$

Bjelken er OK

UTKRAGER

$$u_{fin} = -0,9 - 3,2 = -4,1 \text{ mm}$$

$$y_{tillatt} = \frac{1}{300} = \frac{1000}{300} = 3,3 \text{ mm}$$

Holder ikke

Prøver 48x198

$$u_{fin} = \frac{(-0,9 - 3,2) \cdot 173^3}{198^3} = -2,7 \text{ mm}$$

$$y_{tillatt} = \frac{1}{300} = \frac{1000}{300} = 3,3 \text{ mm}$$

$$u_{fin@1} < y_{tillatt}$$

Braker bjelke 48x198 C24

Sak: ØV. 3 Oppleggflate

Dim. laster

$$V_{ed} = 3,8 \text{ kN}$$

Dim. fasthet

$$C24 \rightarrow f_{c90k} = 2,5 \text{ N/mm}^2$$

NS 338

$$f_{c90d} = \frac{2,5 \text{ N/mm}^2 \cdot 0,8 \cdot 1,1 \cdot 1,0}{1,25} = 1,8 \text{ N/mm}^2$$

$$k_{c90} = 1,25 \text{ (kontinuerlig)}$$

1995 pld. 6.1.5

Midt opplegg

Nødv. oppleggsflate

Bjelke 48x198

$$A_{eff} = \frac{V_{ed}}{k_{c90} \cdot f_{c90d}} = \frac{3800 \text{ N}}{1,25 \cdot 1,8 \text{ N/mm}^2}$$

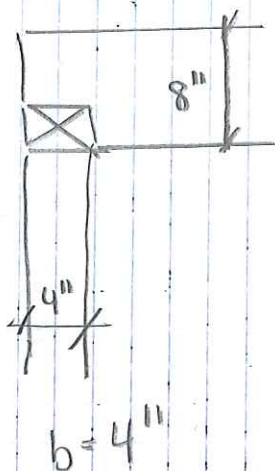
$$= 1689 \text{ mm}^2$$

$$l_{eff} = \frac{1689 \text{ mm}^2}{48 \text{ mm}} = 35 \text{ mm}$$

4" tilgjengelig ∴ OK



Sak: ØV. 3 INNSNITT



Dim. last

$$V_{Ed} = 3,8 \text{ kN}$$

Dim. fasthet

$$f_{vd} = 2,8 \text{ N/mm}^2$$

Kontroll av innsnitt

$$k_n = 5,0 \text{ (konstr. virke)}$$

$$\alpha = \frac{148}{198} = 0,75$$

$$\alpha = \frac{98 \text{ mm}}{2} = 49 \text{ mm}$$

$$k_v = \frac{5}{\sqrt{198 \cdot (\sqrt{0,75 \cdot (1 - 0,75)}) + 0,8 \cdot 49 \cdot (\sqrt{0,75 - 1 - 0,75^2})}} \\ = 0,59$$

$$T_d = \frac{1,5 \cdot 3800 \text{ N}}{48 \cdot 48 \text{ mm}^2} = 0,8 \text{ N/mm}^2$$

$$k_v \cdot f_{vd} = 0,59 \cdot 2,8 \text{ N/mm}^2 = 1,7 \text{ N/mm}^2$$

$$k_v \cdot f_{vd} > T_d \quad \Rightarrow \quad \text{OK}$$

Ref.

ØV 3b

ØV. 3b

1995 pld. 6.5.2

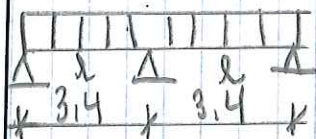


Sak:

ØV. 4 DIM. FOR MOM.

HEDMARK
FYLKESKOMMUNEOPPLAND
FYLKESKOMMUNE

Ref.



c/c600

Kar. Laster

$$q_k = 0,5 \text{ kN/m}^2$$

Bygn. kat C1

$$n_k = 3,0 \text{ kN/m}^2$$

NB1 471.031

1991 NA.61

1991 NA.6.1

Dim. Laster

$$6.10a) \quad q_{Ed} = (1,35 \cdot 0,5 + 1,05 \cdot 3) \cdot 0,6 = 2,3 \frac{\text{kN}}{\text{m}}$$

NS-EN 1990

$$6.10b) \quad q_{Ed} = (1,2 \cdot 0,5 + 1,5 \cdot 3) \cdot 0,6 = 3,1 \frac{\text{kN}}{\text{m}}$$

NS-EN 1990

Dim. Lastvirkning

$$M_{Ed} = \frac{q_{Ed} \cdot l^2}{8} = \frac{3,1 \frac{\text{kN}}{\text{m}} \cdot 3,4 \text{ m}^2}{8}$$

NB1 421.051 p. 71

$$= 4,5 \text{ kNm}$$

Dim. fasthet

C24

Se øvingsoppgave 1

$$f_{m,d} = 16,9 \text{ N/mm}^2$$

Dim. for moment

$$h_{n\text{ nødv.}} = \sqrt{\frac{4,5 \cdot 10^6 \text{ Nmm} \cdot 6}{48 \text{ mm} \cdot 16,9 \frac{\text{N}}{\text{mm}^2}}} = 182,4 \text{ mm}$$

Antar

$$b = 48 \text{ mm}$$

Bruker 48x198 C24



Sak: ØV. 4 DIM FOR SKJÆR

Ref.

Dim. laster

Se øringsoppgave 4a

$$q_{Ed} = 3,1 \text{ kN/m}$$

NS-EN 1990

Dim. lastvirkning

$$V_{Ed} = \frac{5 \cdot q_{Ed} \cdot l}{8} = \frac{5 \cdot 3,1 \cdot 3,4}{8} = 6,6 \text{ kN} \quad \text{NB1 421.051 p. 71}$$

Kar. fasthet

$$C24 \rightarrow f_{v,k} = 4,0 \frac{\text{N}}{\text{mm}^2}$$

Dim. fasthet

$$f_{v,d} = \frac{4,0 \cdot 0,8 \cdot 1,1 \cdot 1,0}{1,25} = 2,8 \frac{\text{N}}{\text{mm}^2}$$

Dim. for skjær48x198 fra
mom. beregn.

$$f_{v,d} \geq T_d = \frac{3 \cdot V_{Ed}}{2bh} = \frac{3 \cdot 6,6 \cdot 10^3 \text{ N}}{2 \cdot 48 \text{ mm} \cdot 198 \text{ mm}}$$

$$f_{v,d} = 2,8 \frac{\text{N}}{\text{mm}^2} > T_d = 1,0 \frac{\text{N}}{\text{mm}^2}$$

Bjelken er OK mhp. skjær



Sak: ØV. 4 NEDBØYNING

Kar. laster

Se øvingsoppgave 4a

$$g_k = 0,5 \text{ kN/m}^2 \quad n_k = 3,0 \text{ kN/m}^2$$

Dim. laster

$$g_{Ed} = 1,0 \cdot 0,5 \frac{\text{kN}}{\text{m}^2} \cdot 0,6 \text{ m} = 0,3 \frac{\text{kN}}{\text{m}}$$

$$n_{Ed} = 1,0 \cdot 3,0 \frac{\text{kN}}{\text{m}^2} \cdot 0,6 \text{ m} = 1,8 \frac{\text{kN}}{\text{m}}$$

1990 NA A1.4.1

_____ " _____

Dim. for nedbøyning

Klimaklasse 1

1995 NA 901

$$k_{def} = 0,6$$

1995 B.2

$$\psi_{2,1} = 0,6 \quad (\text{skole})$$

1990 NA A1

$$E_{0,mean} = 11000 \text{ N/mm}^2$$

NS 338

$$I_y = \frac{48 \cdot 198^3}{12} = 3,1 \cdot 10^7$$

Tekn. tab.

Nedbøyning pga egenlast

Spontan

$$u_{instG} = \frac{g_{Ed} \cdot L^4}{185 EI}$$

NB1421.051 p. 71

$$= \frac{0,3 \cdot (3400)^4}{185 \cdot 11000 \cdot 3,1 \cdot 10^7} = 0,6 \text{ mm}$$

Endelig

$$u_{finG} = u_{instG} \cdot (1 + k_{def})$$

$$= 0,6 \text{ mm} \cdot (1 + 0,6) = 1,0 \text{ mm}$$



Sak: ØV. 4 NEDBØYNING

Spontan

Nedbøyning pga nyttelast

$$u_{inst Q1} = \frac{Ned \cdot l^4}{185 \cdot E \cdot I}$$

$$= \frac{1,8 \cdot 3400^4}{185 \cdot 11000 \cdot 3,1 \cdot 10^7} = 3,8 \text{ mm}$$

Ref.

NB1 421.051 p.71

Endelig

$$u_{fin Q1} = u_{inst Q1} \cdot (1 + \psi \cdot k_{def})$$

$$= 3,8 \text{ mm} \cdot (1 + 0,6 \cdot 0,6) = 5,2 \text{ mm}$$

1995 pkt. 2.2.3

Total nedbøyning

$$u_{fin} = 1,0 + 5,2 \text{ mm} = 6,2 \text{ mm}$$

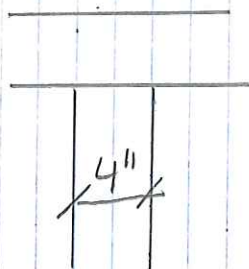
Tillatt nedbøyning

$$y_{till} = \frac{l}{300} = \frac{3400}{300} = 11,3 \text{ mm}$$

$$u_{fin} < y_{till} \Rightarrow$$

Bjelken er OK!

Sak: ØV. 4 Oppleggsplate



Dim. laster

$$V_{Ed} = 6.6 \text{ kN}$$

Dim. fasthet

$$C24 \rightarrow f_{c90k} = 2.5 \text{ N/mm}^2$$

NS 338

$$f_{c90d} = \frac{2.5 \text{ N/mm}^2 \cdot 0.8 \cdot 1.1 \cdot 1.0}{1.25} = 1.8 \text{ N/mm}^2$$

$$k_{c90} = 1.25 \text{ (kontinuerlig)}$$

199.5 pkt. 6.1.5

Midtopplegg

$$A_{eff} = \frac{V_{Ed}}{k_{c90} \cdot f_{c90d}} = \frac{6600 \text{ N}}{1.25 \cdot 1.8 \text{ N/mm}^2}$$

$$= 2933 \text{ mm}^2$$

$$b = 48 \text{ mm}$$

$$l_{eff} = \frac{2933 \text{ mm}^2}{48 \text{ mm}} = 61 \text{ mm}$$

Tilgjengelig 4" $\therefore$ OK